

# suggested packing list



- 1 Hiking clothes & sturdy shoes
- 2 Swimsuit, sandals, pool towel
- 3 Sunscreen & hat
- 4 Bug spray & long sleeve layer
- 5 Flashlight
- 6 Hiking poles
- 7 Charcoal for grilling (optional)
- 8 Band-aids & First Aid/ Aspirins
- 9 Refillable water bottle
- 10 Daypack or small backpack